



Parenting: It's a Life

Do you remember that feeling of joy you had as a child while painting a picture, building a snow fort, and building a birdhouse with your dad? Or the sense of accomplishment after helping your parents gardening, baking, and vacuuming? Hands connect us to our environment, to self and others. Unfortunately, in today's world, children are deprived of the powerful opportunities to use their hands to create, engage and connect.

A childhood free from play and responsibilities:

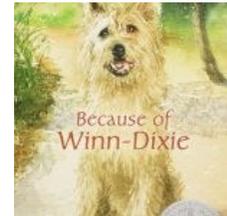
Let's look into the life of today's average child. What are they typically doing with their hands? Are they having any responsibilities? Are they helping with cooking, cleaning, or gardening? Are they using their hands to participate in play, arts or crafts? The reality is that kids' responsibilities and play have been replaced by digital screens serving as a free babysitting service and a child entertainer. For many children, their main hand activity is swiping a screen with an index finger.

By Victoria Prooday

1 School 1 Book

"Our 1 School 1 Book is quickly coming to an end. We are just about finished with "Because of Winn-Dixie" Thank you to all the staff, students and parents who have read or helped a child read their book. We hope you have enjoyed this reading time with your children.

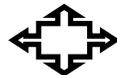
We will continue with our book theme for our Family Night and Movie Night. We hope to see you at these events.



1 SCHOOL 1 BOOK FAMILY NIGHT March 3rd 6-7:30

With our school reading "Because of Winn-Dixie" we will be having fun games and activities related to dogs for our family night. We hope you can join us.

What's Happening



March 3rd	One School One Book Family Night 6-7:30
March 4th	Sixth Grade Alaska Museum
March 6th	Inservice/No School
March 9-13	Spring Break
March 18th	Early Release @ 1:45



March 9-13

**Make today so awesome
yesterday is jealous!**



**District Survey
Parent/Teacher Conferences**

Please take a moment to fill out the District survey on our Parent/Teacher Conferences for this school year.

You can find the link on our FB page, our School Blog and in your personal email.

Thank you for taking the time to fill this survey out.

**Congratulations to our
Grades 4, 5, and 6th Grade
Spelling Bee Competition Winners**

Champion : Matthew King

Runner up: Bowen Clark

3rd place: Bryan Berg

4th place: Connor Gossman and Brynn Hagelund

Winter Gear!

Students are required to have ALL their winter gear each day.

If it is not colder that 10 below zero, we go outside for morning and lunch recess. We have noticed that students have been coming to school without some gear. It is extremely important to make sure your child has the following winter gear every day:

**Winter hat
Winter coat
Winter boots
Snow pants
Gloves (warm winter gloves)**

The temperature has been below zero most days, so please help your child remember their winter gear before they leave the house each morning.



March 20th

**Showing:
Because of Winn-Dixie**

Time: 3:30-5:30

Cost: \$5/student

**Permissions forms will be
coming home soon.**

