



**Parenting:
It's a Life**

We all have read parenting books advising "giving children control and choices". However, it doesn't mean giving kids control and choices in EVERYTHING. As parents, we don't even notice that we often ASK kids, 'Is it time for bed?' 'Is it time to put the toys away?' 'Do you want to eat vegetables?' 'Do you want to put on your jacket?' 'Are you ready to get out of the car?' Don't be surprised if your child answers "NO!!!" Why? Because your child gives you an answer to your question. You asked if he wants, he says, "No" because he/she doesn't want. Questions such as 'Do you want?', 'Are you ready?' imply that there is a choice of not doing it. Don't ask or give choices where there is no choice. Instead say, 'Let's fly like butterflies to bed', 'We are going to eat a long and green vegetable. What can it be?' 'Let's get out of the car to see a beautiful bird', 'Let's see how many cars you can tidy up in 2 min', 'Who is going to put on a jacket first, you or me?' There are times for choices, but there are times for just telling kids what to do without giving them choices or asking for their permission. They are just KIDS. Their life experience is too short to know what's the BEST choice for them. That is the ART of parenting!

—Victoria Prooday



Please help us keep our students safe.

Parents, please respect our Hug Zone. Our first priority is to keep our students safe. We ask that when dropping off your child in the mornings to hug and kiss them goodbye in the Hug Zone.

Please do not walk them to their class
If you have items to drop off please bring them to the office. If you need to meet with a teacher, please make an appointment and they will gladly set up a time to meet with you. In the afternoons, please wait for your child in the foyer. They will meet you there.

Thank you for your cooperation.

Happenings

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|--------------|------------------------|
| January 14th | PTA meeting @ 3:45 |
| January 15th | Early Release @ 1:45 |
| January 20th | DARE Program Begins |
| January 31st | Fun Fest 3:30-5:00 |
| January 31st | No Boys and Girls Club |

Welcome Back!

We hope everyone had a nice, relaxing vacation and are ready to dive into the final semester. It has been cold outside so please make sure your child brings all their winter gear. Hat, boots, gloves, snow pants and winter jacket.



**WE NEED YOUR CONTINUED
SUPPORT TO KEEP OUR
STUDENTS SAFE**

- **Cell Phone Use**—For student safety, we ask you to finish your cell phone conversation before entering our parking lot.
- **Dropped off or Picked Up Students**—All students should exit and enter the vehicle at the curb. Students should never have to walk behind or in front of a vehicle. Please pull forward as far as possible.
- **Please have your child ready to go.** If your child needs time to get their things together to get out of the car or if you want to watch your child walk in, please park and walk in with your child.
- **Vehicles**—parents should never drop a student off in the crosswalk. Please keep clear for walkers.
- **In Line Parking**—All parents waiting in line for picking up their students should wait inside their vehicle and not inside the school. Please park your vehicle in a parking spot to come in and wait for your child.
- **Crosswalks.** Please use the crosswalk when walking to and from the building. Never park in the crosswalk.
- **Please be patient.** We have a large number of students getting dropped off and picked up every day. A safe, orderly parking lot is a group effort.

Thank you for doing your part in helping to keep your child and every child at Redoubt safe.

Kenai Peninsula School District
**TEXT MESSAGING SERVICE
OPT-IN**

NEW! Our KPBSD district schools now utilize the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.

To participate in this free service, you must opt-in. Make certain which mobile # is in your child's PowerSchool records, and send a text message anytime of Y or Yes to our school district short code number: 67587.

www.KPBSD.org

Redoubt Elementary utilizes the text to parent option to communicate much of our information.
If you have not opted in to this service
Please text Yes or Y to 67587
You must have the number you are using listed in Power School

A reminder from Nurse Laura:

If your student is sick please keep them home. Some sure ways to know if your child needs to stay home:
Fever over 100.0, it must be gone for 24 hours without the use of medication like Tylenol and Ibuprofen before the student can come back to school. If the student has episodes of diarrhea, the diarrhea should be gone for 24 hours before returning to school.
Vomiting: if a child throws up they must stay home for 24 hours after the last episode.
If a student has an unknown rash, please check with the nurse *prior* to school.
Any child who has a persistent cough should stay home, because it is disruptive to the entire class. For younger children, if they have a runny nose, certainly with green mucus, and they are unwilling or unable to manage their secretions with a Kleenex and proper handwashing, they should stay home.

Thank you for helping to keep all the children in our school healthy!

**No Boys and Girls Club on January 31st
Due to Fun Fest Activity**

ACTIVITIES

Face Painting
Desk Ball
Tattoos
Ping Pong
Nail Painting



**Mark Your Calendars!
Our next Fun Fest is January 31st from
3:30-5:00**

COST

\$4.00 per student.

This covers the cost of activities only. Snacks are extra.