



Parenting: It's a Life

Kids Rule the World

“My son doesn’t like vegetables.” “She doesn’t like going to bed early.” “He doesn’t like to eat breakfast.” “She doesn’t like toys, but she is very good at her iPad” “He doesn’t want to get dressed on his own.” “She is too lazy to eat on her own.” This is what I hear from parents all the time. Since when do children dictate to us how to parent them? If we leave it all up to them, all they are going to do is eat macaroni and cheese and bagels with cream cheese, watch TV, play on their tablets, and never go to bed. What good are we doing them by giving them what they WANT when we know that it is not GOOD for them? Without proper nutrition and a good night’s sleep, our kids come to school irritable, anxious, and inattentive. In addition, we send them the wrong message. They learn they can do what they want and not do what they don’t want. The concept of “need to do” is absent. Unfortunately, in order to achieve our goals in our lives, we have to do what’s necessary, which may not always be what we want to do. For example, if a child wants to be an A student, he needs to study hard. If he wants to be a successful soccer player, he needs to practice every day. Our children know very well what they want, but have a very hard time doing what is necessary to achieve that goal. This results in unattainable goals and leaves the kids disappointed.

Part 3 from Victoria Prooday’s Blog: [Why are our children so bored at school, cannot wait, get easily frustrated and have no real friends?](https://yourot.com/parenting-club/2016/5/16/why-our-children-are-so-bored-at-school-cant-wait-and-get-so-easily-frustrated) To read her entire blog please visit:
<https://yourot.com/parenting-club/2016/5/16/why-our-children-are-so-bored-at-school-cant-wait-and-get-so-easily-frustrated>

A reminder from Nurse Laura:

If your student is sick please keep them home. Some sure ways to know if your child needs to stay home: Fever over 100.0, it must be gone for 24 hours without the use of medication like Tylenol and Ibuprofen before the student can come back to school. If the student has episodes of diarrhea, the diarrhea should be gone for 24 hours before returning to school.. Vomiting: if a child throws up they should stay home for 24 hours after the last episode. If a student has an unknown rash, please check with the nurse prior to school. Any child who has a persistent cough should stay home, because it is disruptive to the entire class. For younger children, if they have a runny nose, certainly with green mucus, and they are unwilling or unable to manage their secretions with a Kleenex and proper handwashing, they should stay home.

Thank you for helping to keep all the children in our school healthy!

PTA Officers Needed

Redoubt's PTA current board officers will be stepping down. We are in need of a President, Vice President and Treasurer. Please consider whether you would like to become a PTA officer. Our PTA raises money for our school and those funds in their account will be handed over to the State PTA if the positions are not filled. Thank you!



Redoubt’s one and only annual fund raiser
will start today, September 13th.
Students will bring home
information letters and packets.



School Pictures September 16th

Retakes October 25th

Please remember to have your child bring in their picture packet Monday.

We are in need of one volunteer for the afternoon.

Please call 260-4300 if you can help.

Volunteer must have a completed background

Site Council Meeting

Tuesday, September 17th @ 3:45

*Early Release Day
Wednesday
September 18th
3:45*



Boys and Girls Club will be open

Cell Phones

We kindly ask that when you are picking up your child after school or dropping them off in the morning, to please finish your phone conversation before coming into our parking lot.

Our main priority is to keep your child safe and we know how important this is to you as well.

Thank you for your cooperation.



Congratulations to the following staff and students who participated in our Summer Reading Program

Kindergarten

Levi Frederickson
Kaden Hayes
Mereidi Mika

3rd Grade

Brayden Barber
Sienna Smith
Addie Hinter
Lex Edwards
Katara Lepule
Noah Bossie

6th Grade

Emily O'Reagan
Owen Buckbee
Lydia Fidai
Avery Powell

1st Grade

Gus Reimer
Ziyon Stitt
Thomas Frederickson
Lorra Lepule
Lorraine Romantz

4th Grade

Natalee Strouse
Kenneth Fine
Chloe Eck
Lois Frederickson
Nathan Powell
Banyan Joachim

STAFF

Mrs. Avery
Mr. Moos
Mr. Stitt
Mrs. Hassemer
Mr. Franchino
Mr. Brantley
Mrs. Landess
Mrs. Brantley
Mrs. Walter
Mrs. Roed
Mrs. Fraser
Mrs. Arthur
Mrs. Pelletier
Mrs. Wells
Mrs. Belger
Mrs. Willets
Mrs. Hayes
Mrs. Hale
Ms. Sweeney

2nd Grade

Peyton Barber
Conner Morris
Io Mike
Journey Abbott
Addelyn Oberts
Brandan Frey
Natalie Stewart
Isabella Morales
Sequoia Joachim
Gabriel Belger
Joshua Frederickson

5th Grade

Arannah Stitt
Kathryn Cox
Michael Moran
Sariah Barrett
Noah Frederickson
Koda Lepule



Fall weather has arrived and the morning temperatures are becoming colder. Please start looking for your child's winter gear. Many students are already asking for gloves and hats during morning recess.

STUDENT DROP OFF



As you may know, we have a *Hug Zone* in our commons area during drop off. We would like to remind parents how important this safety rule is. We try very hard to keep your child safe while at school. Giving your child a hug and not walking down to their classroom, is one way we try to keep them safe. If you would like to make an appointment with your child's teacher, please stop by the office. Teachers are usually busy with duty or finishing preparing for their day. So please, give your child a hug in the *Hug Zone*. They will be in good hands.

Thank you for your understanding.

School District Volunteers

If you are interested in volunteering in our schools you will be required to complete a screening process. To complete the screening process, visit the District's Web page at www.kpbsd.k12.ak.us and click on Employment, then click on Volunteer, then on Volunteer All Vacancies, and find the location where you wish to volunteer. Click the Apply button that corresponds to that location, then follow the instructions. Please contact the Human Resources department at 907-714-8888 if you have questions.